

WFB School District Exploring Change in K-12 Start Times

In spring 2017, the District Calendar Committee made a recommendation to review school start times, which was reviewed and discussed within the committee learning process. The Board approved that recommendation. District Administration has worked the past several months to further study the issue. To review the specific District Calendar Committee research, recommendations and report please visit the District webpage or [click here](#).

During the past eight months, the District has been reviewing data and research around the potential of changing school start times. This has included; winter and spring 2017 calendar survey data collected from district families and staff, analysis of the sport and school activities impact, and sleep and adolescent sleep research from the American Academy of Pediatrics.

An update was given to the School Board at the February 28, 2018 Committee of the Whole meeting and more specific information can be found [here](#).

Proposal of Recommended Start Times Changes

| School | Current | Recommended | Adjusted |
|-----------------------|-------------|-------------|-----------------|
| Richards Elementary | 8:10 – 3:20 | 7:55 - 3:05 | 15 min. earlier |
| Cumberland Elementary | 8:05 – 3:15 | 7:50 - 3:00 | 15 min. earlier |
| WFB Middle School | 7:55 – 3:10 | 8:05 - 3:20 | 10 min. later |
| WFB High School | 7:45 – 3:05 | 8:15 - 3:35 | 30 min. later |

The Whitefish Bay School Board will be discussing and possibly taking action on changing start times at the March 14, 2018 School Board meeting. If you have additional questions, please contact Maria Kucharski, maria.kucharski@wfbschools.com, Director of Teaching and Learning Services.